



E-BULLETIN

STEPNEY ALL SAINTS SCHOOL

OCT 6TH



THE THEME THIS WEEK IS MENTAL HEALTH

The Bible tells us, "God is our refuge and strength, an ever-present help in trouble." (Psalm 46:1). This reminds us that we can find comfort in God during difficult times. We do not have to face our worries alone: prayer and talking to someone we trust can help. Asking for support is a sign of strength, and listening with kindness can help others feel less alone.

The former president of the United States of America, Barack Obama, said, ***"To anyone out there who's hurting — it's not a sign of weakness to ask for help. It's a sign of strength."***



**BLACK
HISTORY
MONTH**



SCHOOL CALENDAR

CLICK HERE



ENRICHMENT TIMETABLE

CLICK HERE



DATES + EVENTS

- Black History Month - October
- Year 7 Settling In Meeting - 8th October
- Prize Giving - 15th October
- Y13 Mock - 5th Oct - 14th Oct
- Autumn Half Term - 19th Oct - 31st Oct

Disclaimer:- For safeguarding and privacy reasons, student and staff faces may have been altered using AI-generated imagery in this publication.

Half Moon Youth Theatre



Youth Theatre spaces are currently available

at Half Moon Theatre across some of our Youth Theatre groups and after-school clubs.



Our supported spaces are currently full.

A supported place is for children and young people who benefit from 1:1 support in school or who potentially need additional support to access our sessions. We currently have a waiting list for supported spaces.



Join the waiting list

Here is the link to complete a waiting list form:

<https://www.halfmoon.org.uk/youth-theatre/#join>



If you would like to find out more about Youth Theatre, please do get in touch.

Speak to Mr McSorley
if you would like to know more.

TEEN SLEEP PROJECT: **'A BRIEF INTRODUCTION** **TO SLEEP'**

Join our sleep workshop to learn more about:

- How sleep typically works
- Common sleep issues for most young people
- Tips to help with falling asleep easier
- What to do when you wake up during the night
- Ideas to create a simple sleep plan

This single online Workshop will run on:

Dates:

- **Tuesday 8 September 2026, 9:30–11:30am**
- **Tuesday 10 November 2026, 9:30–11:30am**
- **Tuesday 12 January 2027, 9:30–11:30am**

All are welcome! Open to young people, parents, carers and supporting adults.

Scan the QR code to book your place.

If you have any queries, please email:
sleepsupport.eps@towerhamlets.gov.uk



TEEN SLEEP PROJECT

The Teen Sleep Project is here to help you build healthier sleep habits and boost your wellbeing. Instead of focusing on talking to parents, this project works directly with you because as you get older, your routines and choices matter more than ever.

You'll get practical, easy-to-understand support designed just for young people, helping you:

- Improve your sleep
- Develop better sleep habits
- Develop a personalised Sleep Plan in the last session

Sessions will be delivered by Educational Psychologists and other Professionals who have done further training around sleep.

Criteria

- Age: 11- 16 years old
- Self-referral and ready to make changes to sleep habits
- Named link professional to support between sessions
- An Introduction to Sleep Workshop online before individual sessions start
- A commitment to 4-6 sessions for up to 1 hour
- Hybrid sessions- some will be in person and a few may be virtual if needed

If you are interested please contact us for referral details at sleepsupport.eps@towerhamlets.gov.uk



Read Our Updated Policies

Working
Together for
a Positive
School
Community

We regularly review our policies to ensure they remain clear, relevant and supportive for our whole school community.



Mobile Phone Policy

Guidance on the use of mobile phones to support a safe, focused and positive learning environment.



Behaviour Policy

Our expectations for behaviour, helping us to maintain a respectful, inclusive and productive school community.



Complaints Policy

Information on how to raise a concern or complaint, and how we will work to resolve it.



Read the updated policies here:

<https://www.stepneyallsaints.school/Policies/>



Clear Policies. Stronger Together.



ENRICHMENT TIMETABLE

AUTUMN TERM 2026

MORE THAN A CLASSROOM

*Brighter
Futures
Together*



MONDAY

BEFORE SCHOOL

- Swim Club — Swimming Pool

BREAK TIME

- Woodwind Band — Music Dept

LUNCHTIME

- Y7 Skateboarding — Sports Hall
- Lego Club — 201 (Week 2 only)
- Mental Wellbeing Club — Ref Library
- Philosophy Film Club — 201
- Steel Band — Music Dept
- Board Games — SO2
- Chess Club — PO3
- Lighting Club — PO1

AFTER SCHOOL

- String Orchestra — Music Dept
- Steel Band — Music Dept
- Football Training (Y8 & 9 squad only) — Astro
- Recreational Football — PE Dept



TUESDAY

BEFORE SCHOOL

- Girls' Swim Club — Swimming Pool
- GCSE Further Maths Club — 305

LUNCHTIME

- Arabic Languages Club — 203
- Badminton Club — PE Dept
- Drama Club — PO1
- Count on Us Maths Club — 309
- Music Practice Club — Music Dept
- Board Games — SO2
- Mental Wellbeing Club — Ref Library
- Lego Club — 201 (Week 1 only)

AFTER SCHOOL

- Steel Band — Music Dept
- Badminton Squad — PE Dept
- Table Tennis — PE Dept
- KS4 Football — MUGA



WEDNESDAY

BEFORE SCHOOL

- Swim Club — Swimming Pool

LUNCHTIME

- Board Games — SO2
- Handball Club — PE Dept
- Steel Band — Music Dept
- Mental Wellbeing Club — Ref Library
- Lego Club — 206
- Y8 MFL Short Films Club — 103
- Musical Theatre Club — PO1

AFTER SCHOOL

- Steel Band — Music Dept
- Gospel Choir — Music Dept
- Badminton Club (squad only) — PE Dept
- Cricket Club — PE Dept



THURSDAY

BREAK TIME

- Percussion Band — Music Dept

LUNCHTIME

- Music Practice Club — Music Dept
- Board Games — SO2
- Doodle Club — AR1
- History Club — 208
- Lego Club — 201
- Count on Us Maths Club — 306
- Basketball Club — PE Dept
- Mental Wellbeing Club — Ref Library
- Y8 MFL Short Films Club — 103

AFTER SCHOOL

- Singing Group — Music Dept
- Steel Band — Music Dept
- SASS Radio — Music Dept
- Year 9 Cooking Club — Food Room
- Clay Club (Year 8 & Year 9) — AR1
- Film Club (Week 2 only) — P12
- Football Training (Y7 & 8 squad only) — Astro
- Multisports Club — Sports Hall
- Boys' Swim Club — Swimming Pool



FRIDAY

BEFORE SCHOOL

- Swim Club — Swimming Pool

LUNCHTIME

- Board Games — SO2
- Friday Prayer Club — Sports Hall
- Christian Youth Club — Multi Faith Room
- Mental Wellbeing Club — Ref Library
- Music Practice Club — Music Dept

AFTER SCHOOL

- Steel Band — Music Dept
- Sound Mixing Club — Music Dept



The VLE/Library is available each day for reading at break and lunchtime.
Check Google Classroom for enrichment updates.
Turing Scheme projects will resume this year with a visit to The Gambia, West Africa.

**SPORT
BUILDS
BRIGHTER
FUTURES**



STEPNEY ALL SAINTS

— LEARN • PRAY • ACHIEVE —



EXTRA-CURRICULAR PE TIMETABLE

AUTUMN 2026



BEFORE SCHOOL



LUNCHTIME



AFTER SCHOOL

MONDAY



MH SWIM CLUB
MS BRAMMAN
7.30–8.30

NO CLUB



**YEAR 8 & 9 FOOTBALL TRAINING
(SQUAD ONLY) • ASTRO**
MS BRAMMAN & MR MOULTON
4.00–5.00



REC FOOTBALL
MR EVANS
3.30–4.30

TUESDAY



GIRLS SWIM CLUB
MS BRAMMAN
7.30–8.30

BADMINTON CLUB
MR TRUEMAN



**BADMINTON SQUAD /
TABLE TENNIS**
MR TRUEMAN
3.30–4.30



KS4 FOOTBALL • SH/MUGA
MR EVANS
3.30–4.30

WEDNESDAY



MH SWIM CLUB
MS BRAMMAN
7.30–8.30

HANDBALL CLUB
MS CHEESEMAN
MS ROBERTS



BADMINTON CLUB • SQUAD ONLY
SH • BADMINTON COACH
3.30–5.30



CRICKET
COACH
3.30–4.30

THURSDAY



NO CLUB

BASKETBALL CLUB
MR MOULTON /
MR EVANS



**YEAR 7 & 8 FOOTBALL TRAINING
(SQUAD ONLY) • ASTRO**
MS CHEESEMAN, MS BRAMMAN & MR MOULTON
2.45–4.00



MULTISPORTS CLUB
OPEN TO ALL • SH
MS ROBERTS
2.45–3.45



BOYS SWIM CLUB
MR TRUEMAN
2.40–3.30

FRIDAY



MH SWIM CLUB
MS BRAMMAN
7.30–8.30

NO CLUB



NO CLUB

BE ACTIVE | BE CONFIDENT | BE PART OF IT

PLAY

COMPETE

BELONG

