

## Young People, COVID-19 and Mental Health

Hi there, we're seeking your help with some research that the Diocese of London's Children and Youth Support team are conducting in partnership with St. Paul's Cathedral.

We're studying the impact of the pandemic on the health and wellbeing of young people aged 13-17 who live in the London boroughs of Camden, City of London, Hackney, Islington, Tower Hamlets and Westminster. We want to hear from as many young people as we can, to find out how their lives have been affected and what kind of support could be useful for them now and in the future.

**We need their voices to be heard. Can you share the survey link below with young people in your churches, schools, and local communities?**

The online survey is anonymous and will take less than 10 minutes to complete.

The insights gained will help St Paul's Cathedral support and amplify existing youth work happening in these boroughs. It will also help the diocese as a whole to demonstrate that we listen to young people and value their opinions and ideas.

Here's a copy-paste template you can use to share the link with those you know:

*Hi,*

*I wanted to let you know about a survey that is asking 13–17 year-olds in Camden, the City of London, Hackney, Islington, Tower Hamlets and Westminster about how they've been affected by the Covid-19 pandemic. An information leaflet about the survey is available to download at the link.*

*The survey takes less than 10 minutes to complete and is completely anonymous. As a thank you for taking part, you'll receive a £5 Love2shop online voucher!*

*The results will help St. Paul's Cathedral support and amplify existing youthwork in these boroughs. This is a chance for you to let us know what kind of support would be most helpful and share your experiences.*

*[Take part at bit.ly/east-london-wellbeing](https://bit.ly/east-london-wellbeing)*

*Thank you!*

If you have any questions, feel free to contact me at [jenny.barnard@london.anglican.org](mailto:jenny.barnard@london.anglican.org).

With thanks for all you do,

**Jenny Barnard**  
Project Manager