



CASS NEWS

SIR JOHN CASS REDCOAT SCHOOL NEWSLETTER

Editor: Nadiyah Patel

WINTER TERM 2017



A Message from the School's Chair of Governors

Ms Angela Hancock



I feel privileged to have been elected as the new Chair of Governors of Sir John Cass Red Coat School. I have been a Governor at this school for six years, as well as a Primary School Governor in Greenwich,

and feel that the knowledge and experience I have gained will help in this role.

Having worked in both the secondary and primary education sector in the London Boroughs of Tower Hamlets and Greenwich over many years, I have an

excellent understanding of the complex issues that schools face. Sir John Cass Red Coat School, like all schools, is facing many challenges, and I feel it is more important than ever that the Governing Body has clarity of vision and the strategic direction to carry out its important role in supporting the school. In this way our Governing Body will be better able to work effectively with school leaders and serve our students, families and our wider community.

I look forward to meeting as many of you as I can over the next few months. In the meantime I wish all of you a peaceful Christmas and New Year.

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RAINBOW LACES

YEAR 7, 8 AND 9 BASKETBALL TOURNAMENT – UEL SPORTSDOCK

YEAR 12 PSYCHOLOGY CLASS WORKING HARD!

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Rainbow Laces

By Mr McCabe – Head of PE

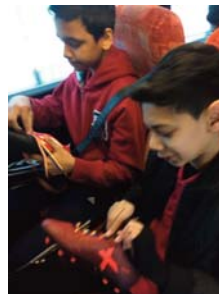


A Stonewall campaign promoted by Premiership footballers in last weekend's fixtures was replicated by the Sir John Cass Red Coat football teams this weekend. All of the players were given the funky rainbow laces to show their support of Stonewalls Sporting campaign for LGBT players. They were a good luck charm as all three teams were undefeated against George Green School.

The Year 10 team continued their impressive unbeaten league run with another great win 8-1 against George Green whilst the Year 8 team also managed a 4-1 win against George Green. The Year 7 team were denied a win in the last couple of minutes against George Green and ended up drawing 3-3, with Fardin being the player of the match with his defensive heading and robust tackling.



The boys showed their respect in abundance and made the school proud, however one pupil, Diangelo went the extra mile. Not only content with having laces in his shoes, he transformed the lace into a designer hairband.



Mahir and Tahmid managed to lace their shoes for the first time this weekend. This probably turned out to be the hardest part of the morning as their team eased to victory.



Congratulations Sium for representing Essex County's U-14 Hockey Team!

By Mr Malique – PE Teacher

Sium has been selected to be part of the Essex County U-14 elite hockey training squad. He has made great strides over the last couple of years in reaching this far and will hopefully fulfil his potential in representing the Essex at the Eastern Counties Championship later in May. Sium currently plays adult hockey with the Tower Hamlets Hockey Club every Saturday, along with other Sir John Cass Red Coat students. He is a rising star amongst his fellow peers and has contributed immensely to the club's successful season this year as they currently sit top of the table. First round of the county of matches take place against, Norfolk, Suffolk and Cambridge in January. We wish him all the best.



Year 7, 8 and 9 Basketball Tournament – UEL Sportsdock

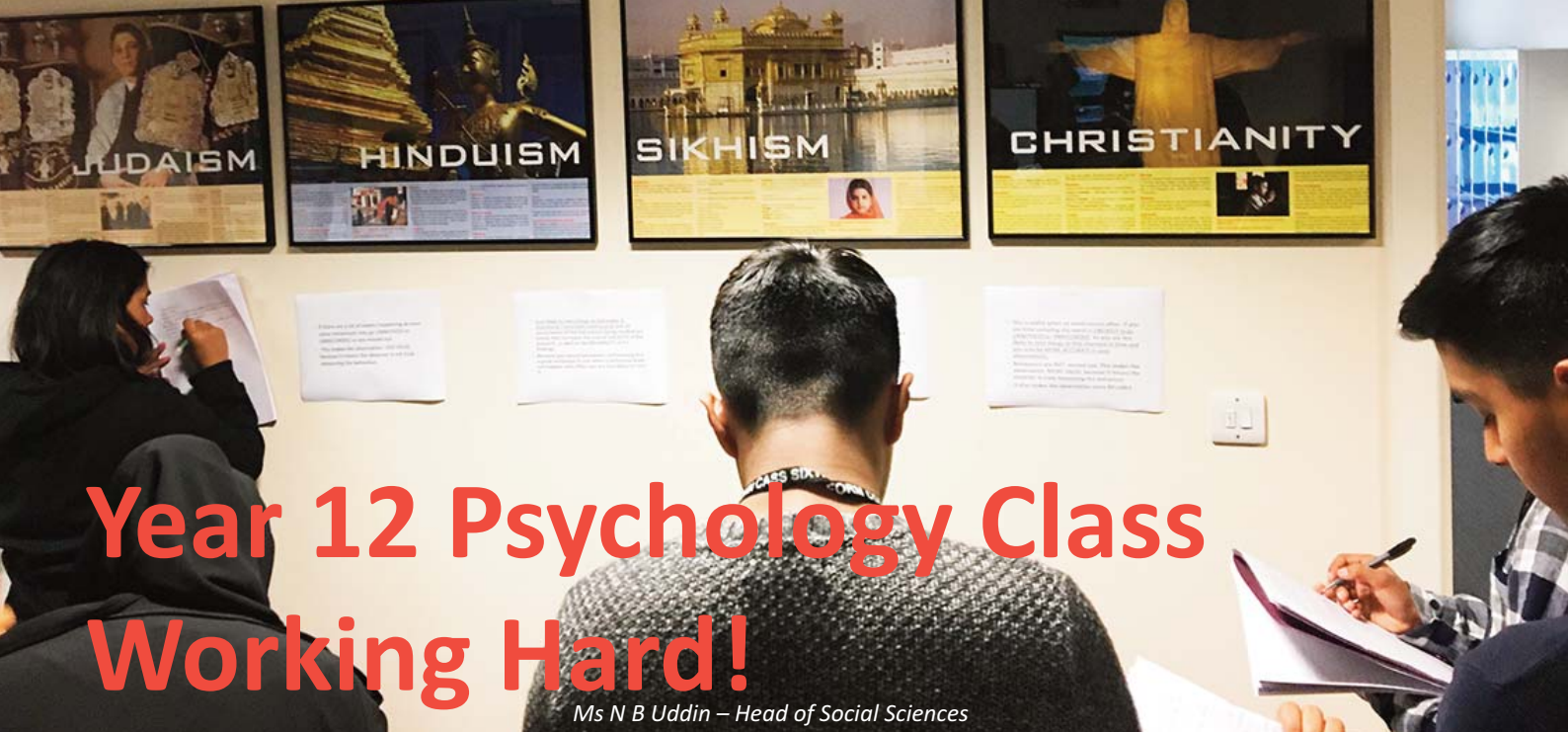
By Ms Thompson – PE Teacher

On Tuesday 17th October, sixteen year seven, eight and nine girls attended a basketball tournament held at the UEL Sportsdock. The girls were ready to go on arrival and after some practice and words of encouragement the girls took to the court for their first game against Raines. However, the game did not go as planned

with Raines leading at half time 14-0. The half-time talk seemed to give the girls a bit of motivation and they managed to secure a free-throw, gaining 1 point and only allowing Raines to score 5 points, meaning the final score was 19-1. With a team change, the girls then went on to play against Bishop Challoner, and managed a strong win which led to them

heading into the semi-finals against Bishop Challoner. The girls started strong for this game, with a lead of 4-2 at half-time. However, after a few changes the final score finished at 4-8 to Bishop. With this, the girls then played for third place and managed a win against Central Foundation Girls School!

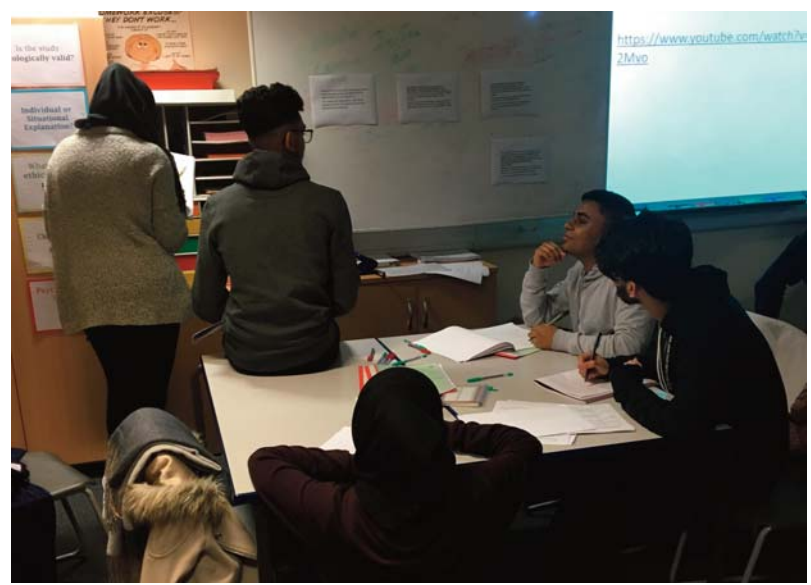




Year 12 Psychology Class Working Hard!

Ms N B Uddin – Head of Social Sciences

Students were presented with three key questions. They completed a treasure hunt set up around the classroom to find the answers and then had to report back as a class. Students were given opportunities to keep adjusting their oral response until they developed their academic literacy. They then did an extended piece of writing to answer the three big questions. Students found, what usually is a less engaging research methods' topic, really enjoyable, engaging and exciting. They were extremely mature and worked really well together - a culture of collaborative learning was really well demonstrated. As a teacher I was extremely proud of them. Well done Year 12 Psychology!



Trip to Auschwitz

By Ms Price – History Teacher

The trip to Auschwitz was the second part of the Lessons from Auschwitz project. Students attended a seminar where they learned about Jewish life pre-Nazi era and listened to a Holocaust survivor. We then went on the 24 hour trip to Auschwitz. We met at school at 3am and made our way to Oswiecim - the local town near Auschwitz - where the students learned about Jewish life pre-Nazi. We saw old shops and houses that used to belong to Jews. We also saw the site of a synonogue that was burned down.

Then we visited Auschwitz, followed by a visit to Birkenau. We saw where the prisoners were kept and the famous displays of hair and glasses that were from the victims. We actually went inside the gas chamber at Auschwitz and looked at the remains of the ones at Birkenau (as the Nazis had tried to destroy them

when they knew the allies were coming). We also saw where the Jews were kept and where they slept with the double sized bunk beds. We ended the day with a Memorial Service at Birkenau where a rabbi said prayers and we lit candles for the victims.

The students got to see what they have learned about at KS3 and KS4 in 'real life'. The educaters and tour guides were constantly giving us information and personal stories of some of the victims.

The final part of the project is a second seminar, where we will reflect on the visit and discuss how we will disseminate what we have learned.

Smart Days: Smart Choice

By Mr Uddin – Work Experience Manager

October has been a very busy month for students at SJCR with ample opportunities for students across the key stages. Our mission to educate students with key skills which will benefit them pre and post 16 education with our Smart Days, kicked off with the Education Business Partnership (EBP) and MDI Associates Limited for the whole of year 8.

The Financial Skills Challenge aimed to develop pupils’;

- Employability skills: communication, team work, planning, independence, problem solving.
- Emotional capabilities: self-esteem, confidence, improved decision making, autonomy, responsibility.
- Financial education: how finance plays an important part in people’s lives, managing money, budgeting, credit/debt,

calculating value for money, financial terms and ideas.

The event was a great success with students and facilitators walking away feeling they gained a lot out of the day. The Transformation Trust and Barclays delivered an inspiring workshop to develop Year 10 students’ soft skills.

Delivery of the event fell onto Efe who is a mentor and runs her own charity. Students looked at key development areas for education and the world of work in preparation for work experience: Knowing yourself, Overcoming Challenges, Assertiveness, Workplace Challenge, Workplace Behaviour and Communication + body language.

Students left with a new sense of purpose and the interactive session helped them challenge some of the core issues which they might not have been able to address, such as anxiety and public speaking. The school and sixth form continue to deliver workshops to help our students be successful in their education pursuits as well as develop the skills they will need to secure the careers which they aspire to excel in, in the future. Please keep your eyes on the notice boards and on the shared drive for upcoming events and opportunities.



Challenge Weekend with a Difference with Shared Outcome and London District

By Mr Uddin – Work Experience Manager

Shared Outcomes is a small charitable programme run by the charity 'The Institute of Statecraft.' They work with young people across the country enabling them to fulfil their potential and increasing their life opportunities. They have a strong relationship with the Army and some of the activities are run by them.

They are running a two day and night residential trip for 25-30 students (aged between 14-18) from Sir John Cass Red Coat School, offering them the opportunity to attend Pirbright Army Camp to take part in a 'Challenge Weekend with Shared Outcomes and London District (The Army in London)' during the February half-term; 9th – 11th February 2018.

We received a lot of interest at our information day, and students have already returned application forms and parent slips for the Parent Information Evening being held at the school on the 18th December 2017 at 5pm. This promises to be a weekend full of exciting and challenging activities such as:

- assault courses
- adventure training
- night-navigation exercises
- camping overnight
- taking part in workshops to build understanding between people of different faiths and backgrounds

If you are interested in any of the opportunities or have any ideas please get in touch with Mr Uddin.



SJCR Growing Scheme Update

Mr Rothern – Sixth Form Registrar

At the moment we have completed the raised beds (outside of the sixth form entrance). These were kindly constructed and installed, free of charge, by Crossrail/ Skanska 360. The soil/ fertiliser was donated by the Tower Hamlets Cemetery Park. B&Q have provided us with around £400 worth of equipment (tools, hoses, water butt, protective gloves, etc.) In addition to this, the Worshipful Company of Gardeners have offered us seeds and plants from their nursery when we are ready.

We have joined the Capital Growth Scheme and have already achieved Level 1 status with the Royal Horticultural Society's School Gardening Campaign. We will be ready to apply for Level 2 once we get some plants in the ground!

We have also recently secured a generous £1000 grant from Tesco's Bags of Help Scheme, which we hope to use for some gardening equipment, planters, seeds and plants.

A huge thank you to all of those companies mentioned for their contribution towards establishing our Growing Scheme.

It may be a little cold to start with sowing the seeds and plants now, but we should be good to go in early spring.

Watch this space...



Music Updates

By Mr Holder – Head of Music

We've had a number of musical performances this term, including Jonas Martin playing the piano in the whole school assembly on 15th November and Bianca Del Fabbro Alvarez playing the piano during the upper school assembly on 13th November. The Steel Orchestra also performed on 13th November at the school's annual prize giving event.

On 2nd November, Mohammad Ibrahim Bashir provided a solo piano performance playing "Fragments of Hearts" by composer Joe Hisaishi, and on 19th October the Year

7 Vocal group gave a performance at St Dunstan's Church for Kenton Day.

All performances were fantastic, and we hope to hear more from our students in the coming term.

We'd also like to welcome our new singing tutor, Selina Andrews, who is leading a Yr7 vocal group and providing small group lessons to those students involved. Please get in contact with the Music Department if you would like your child to join.

Year 8 Science – Homework Project

By Ms F Akhter – Science Teacher

The whole of year 8 took part in the year 8 Science homework project on endangered species where they had to create a model habitat for their chosen endangered species. All students completed the homework project to a high standard and it was very successful. All students were keen to share their information booklets and models with the class.



SJCR in the Community

By Mr Uddin – Work Experience Manager

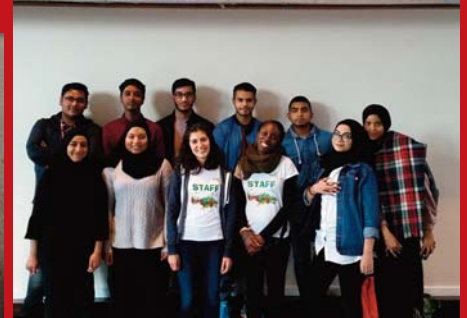
At the start of the term, 16th September 2017, Gateway Housing Association chose to use Sir John Cass Red Coat School and our facilities to host their annual residents fair. The day was a great success with preparations being started from the previous day with the help of our students, who came in numbers on both days to support staff and residents.

On the Saturday, visitors to the fair reached into the hundreds with activities, food and entertainment for all.

Our students were a credit to the school with the managers of Gateway Housing Association commending them on their hard work and giving up their weekend to volunteer for the event by stewarding, henna painting and cleaning before and after the event.



Overall the fair was a great success and helped to cement the school's commitment to help the wider community. Well done to our students who were involved, it was a great opportunity for them to get involved with, and helped to prepare them for the world of work.



Enrichment Activities

These are just some examples of the clubs and activities running at Sir John Cass. Full details can be found on our website.

CHOIR

Every Wednesday and Thursday lunchtime. See Mr Coles for details.



FILM AND THEATRE CLUB



After school film screenings. See Mrs Dalfreyman for details



DEBATE LIKE A WORLD CHAMPION

Thursdays
Time: 3 to 4pm
Teacher: Mr Malique
Room: 103



Korean lessons after school

Every week on Thursdays

Pupils completing this course will receive a certificate issued by Education Centre of the Embassy of Korea – an impressive addition to your CV. See Miss Priestley in room 304 for details.

DEBATE CLUB

한국어를 배우고 싶어요

han/gu/go/rerl bae/ou/go she/po/yo

I Want To Learn Korean

Why Enrichment Activities?

There are many benefits to be gained from participating in enrichment activities.

Studies show that students who regularly participate in after-school activities surpass their peers in academic performance and exhibit notable improvements in work habits and behaviour. Children develop time-management skills, build self-esteem and practice goal-setting. The benefits are well worth the extra effort.

Extra-curricular activities teach children how to manage their time and prioritise various tasks and commitments.

2. Exploring Diverse Interests

The school choir, debate club, or any sport may be an activity your children are interested in joining. By allowing your children the opportunity to explore diverse interests, you give them the opportunity to discover what they are passionate about. Once your children find an activity that they enjoy, succeeding in the activity could ultimately build their confidence.

3. Making a Contribution

Extracurricular activities allow your children to make a contribution to their school or community, which is an important step in preparing them for life outside of school.

4. Building Self-Esteem

Mastering new skills can help build confidence in children. By participating in after-school activities, they can build their self-esteem in a relaxed setting as their activities provide the opportunity to be successful in something that they are passionate about.

5. University and Job Applications

Another benefit of after-school activities is that they look great on applications. In addition to academic performance, many universities and employers look at what activities students are involved in outside of school as a way to get a full picture of what each student is like.

6. Setting Goals

After-school activities present opportunities for children to develop their goal-setting skills. Most extracurricular activities involve reaching or achieving a goal, whether it be the lead actor in a school play, winning a league or coming in first place in a debate. As a result, these activities help encourage students to work towards achieving those goals, while having fun at the same time.

7. Teamwork

Sports teams, clubs and activities all require children to work together towards a common goal. By participating in these activities, your children develop the skills they need in order to successfully work with others. In addition, extracurricular activities let children build relationships and socialise with peers who share their interests.

8. Academic Performance

Recent studies show a correlation between improved grades, behaviour and work habits as a result of students' involvement in after-school activities.

ART CLUB



Get help with Homework
Year 7 Art Club
Art is Fun
Graphics Room
Ask Mr Lynch for 3-4 PM details

FOOD COOKING CLUB

Food Cooking Club for KS3

*Times and days of club open:
Wednesday from 3.00-4.00pm*


*Will take place in the Food Room
The club will be run by Ms Rahim*

Please see Ms Rahim for more information



Activities that will take place in the club:

- Ready Steady cook
- Learning cooking skills when using the cooker (Hob, Grill and Oven)
- Further develop your knowledge and understanding of Food preparation and nutrition
- Learning health and safety and time management







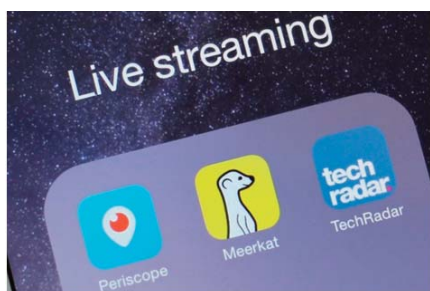








Live streaming: responding to the risks



Live streaming is a live visual broadcast over the internet. All you need to be able to live stream is an internet enabled device, like a smart phone or tablet, and a platform (such as website or app) to broadcast on. At the click of a button, you can be streaming to hundreds, or thousands, of viewers.

With the popularity of live streaming ever increasing and with children and adults both taking part, it is important as a parent or carer to understand what risks children and young people may face when live streaming and the practical steps that you can take to make your child's online experience safer.

WHAT MAKES LIVE STREAMING RISKY FOR CHILDREN AND YOUNG PEOPLE?

Reduced inhibition online – Children can feel more confident when they are online as they feel somewhat protected by the screen. This can result in children engaging in behaviour that they would not otherwise do in 'real life'. Your child's developmental stage – dependent on their age, your child will need different levels of support. Children's brains are continuously developing and your advice will need to grow as they do. In their offline world, children are often taught from an early age to do as they are told and follow adult instruction e.g. parents, teachers,

family friends. Some offenders within live streaming platforms rely on the acceptance of this 'rule' and use young people's trust in adults to abuse them.

Live streaming is 'in the moment' – Children and young people often do things in the heat of the moment and act on impulse without thinking of the consequences – just like offline. For example, they may share personal information when asked or do things that in another situation they wouldn't do, such as share something private or even sexual.

Tactics such as trickery and flattery – Offenders use tactics to try and get children to do things that they otherwise may not do.

HOW CAN YOU HELP YOUR CHILD STAY SAFE WHEN LIVE STREAMING?

There are some practical steps you can take to help keep your child safe if they are using an app or website with a live streaming function.

Stay involved in their internet use – Talk to your child about what they are doing online; what they are enjoying, what they are learning, who are they interacting with and the new things they have discovered.

Use webcam and devices in public spaces. As young people develop, they often seek more privacy and autonomy in both their online and offline world. However, it's important to consider whether children are developmentally ready to be left unsupervised using devices. Young children do not have reasoning skills to keep themselves safe independently, especially when overpowered by the intelligence and manipulation of offenders

Privacy and safety settings - If your child is using an app with a live streaming function go through the privacy and safety settings together, setting them to make sure only the friends they know in 'real life' can view their profile.

Be wary of requests to chat in private – Offenders may try and move children from a public area of an app to a private area to have conversations that are likely to be less moderated.

Safe and trusted adults and advice - Help your child to identify adults that are there to help from ones who they do not know or that may want something in return.

Make sure your child knows where to go for support and where to report - Children can sometimes feel they are to blame if something goes wrong online. Remind your child that they can always speak to you or an adult they trust if they are worried no matter what may have happened. Talk to them about reporting directly within the app or platform they are using and that they can report to CEOP (The Child Exploitation and Online Protection Centre) if they're concerned about contact from an adult.



For more information please visit www.thinkuknow.co.uk/parents

ONLINE SAFETY – Advice to parents

- Secret calculator app that hides files



There is a smartphone secrecy app that looks like a calculator but can be used to conceal photos and video content:

- The app looks like a regular smartphone calculator
- Once a passcode is entered the app reveals images and videos secretly stored on the device

There are a growing number of apps that are designed to look like innocent apps that can hide secret content. These apps are becoming increasingly popular with young people.

The Calculator+ app looks similar to a regular calculator but allows users to input a passcode to reveal a vault of hidden images. All files are securely stored in the App and remain completely private and confidential.

In the app store the Calculator+ app is described as 'Secret Calculator hides your photos & videos behind a working calculator'. This app is one of many secret photo vaults that are being used to conceal images and videos from parents.

If you are concerned please talk to your child, establish a dialogue with them to help them feel that they can talk to you about their problems.



Merry Christmas

& HAPPY NEW YEAR



TERM DATES



SPRING TERM

INSET Day - 3rd January

First Day for all Students - 4th January

February Half Term: 12th - 16th February

Last day of Spring Term – 29th March

SUMMER TERM

First Day for all Students – 16th April

Bank Holiday – 7th May

May Half Term: 28th May – 1st June

Estimated Date of Eid – 15th June

Last Day of Academic Year 2017-18 – 20th July